



Office of the Principal

Government Degree College Uttersoo

گورنمنٹ ڈگری کالج اٹرسو (کشمیر)

Uttersoo-Shangus - 192201 - (Distt. Anantnag) - Kashmir

Email: gdc.uttersoo@gmail.com

Ph. No. 9419065616

No: GDCUT/2024/

NAAC Accredited Grade "B" (CGPA 2.33)

Web: www.gdcut.ac.in

Landline:- 01932-29317

Dated: 04/12/2024

Govt. Degree College Uttersoo organized AIDS Awareness Programme

Under the chairmanship of Worthy Principal, Professor Mushtaq Ahmad Sohail, Red Ribbon Committee in collaboration with Department of Zoology and Debates and Seminar Committee organized Awareness Programme on AIDS under the theme "Take the Right Path: My right" today as on 4th December, 2024. The Programme was moderated by Dr. Showkat Hussain Ganie, Co-Convener, Debates and Seminars Committee. The worthy Principal accorded a cordial welcome to the invited speaker, Dr. Muneera Gull from Sub District Hospital, Shangus. Professor Nazir Ahmad Wani, Convener, Red Ribbons delivered the keynote address. In his deliberations, he explained how the HIV makes entry into the host cell and hijacks the metabolism of CD4 cells. He highlighted stages of HIV infection including acute HIV, chronic HIV infection and Acquired Immunodeficiency Syndrome.

After the completion of keynote address, the moderator first highlighted the academic achievements of speaker, Dr. Muneera Gull and then handed over the dice to her for delivering the presentation on the mentioned theme.

She initiated her talk with differentiation of HIV and AIDS. This was followed by explaining the detailed morphology of the HIV. She said that HIV is a retrovirus in which RNA molecule forms DNA by using an enzyme reverse transcriptase.

After discussing the virus morphology, she explained mode of transmission of HIV. Transfusion of contaminated blood, sharing of infected razors, contaminated syringes and needles that are used by intravenous drug abusers and semen and vaginal fluids are the modes of transmission of HIV, the speaker added.

She elaborated symptoms of full blown AIDS including unexplained diarrhoea, fever, weight loss, opportunistic infections like Pneumonia, tuberculosis etc.

The diagnosis of HIV via ELISA, Western blotting and RT-PCR was also explained by speaker.

The speaker delineated different treatments against HIV by using protein and reverse transcriptase inhibitors. She culminated her talk by advising the audience to aware the society about the spread and prevention of AIDS.

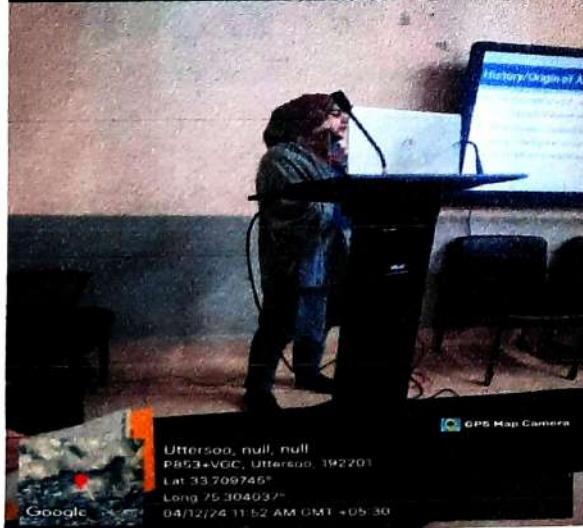
The queries related to this disease raised by the audience were all answered by the speaker. Dr. Tariq Bashir, Convener, Debates and Seminars presented vote of thanks in which he thanked worthy principal for his consistent encouragement and support for organizing such types of awareness programmes. He also thanked resource person for her thought provoking talk and the Protocol committee for arranging light refreshments.

The awareness Programme was followed by painting competition in which 15 students of B.G. 5th and 1st semesters participated. The students were asked to display the meaning of the theme "Take the Right Path: My right" in their paintings. The paintings were evaluated by Dr. Sabzar Ahmad Dar, Head, Department of Zoology. Miss. Eima Yousuf obtained the

Sabzar
Tariq

Mushtaq Ahmad Sohail
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Govt. Degree College
Uttersoo, Anantnag

first position. The 2nd and 3rd positions were received by Urisa Ismail and Miss. Mehky Jan, respectively.



Tony
[Signature]
PRINCIPAL
Govt. Degree College
Uttersoo, Anantrag
[Signature]



Programme Organizers

- 1. Professor N. A. Wani
- 2. Dr. Sabzar Ahmad Dar
- 3. Dr. Tariq Bashir
- 4. Prof. Rouoof Habib Ganie

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Uttersoo, Anantnag

Name	Date	Roll no	Sem	Signature
Nargis Yousuf	09/12/2015	24171	Ist Sem	<u>Nargis</u>
Sabreena Jam		24172	Ist sem	<u>Sabreena</u>
Shah Sabreena		24174	Ist sem	<u>Shah Sabreena</u>
Shahista Yousuf		24117	Ist sem	<u>Shahista</u>
Mehki Jam		24114	Ist Sem	<u>M. Jam</u>
Narveena Jam		24126	Ist sem	<u>Narveena</u>
Mahakija Jam		24123	ist sem	<u>Mahakija</u>
Muskan Manzoor		24093	ist sem	<u>Muskan</u>
Muskaan Rizaz		24196	ist sem	<u>Muskaan</u>
Insha Nabi		24189	Ist sem	<u>Insha Nabi</u>
Owais Ahmad Kumar		24121	- do -	<u>Owais</u>
Urwa Ismail		24008	"	<u>Urwa</u>
Mehwish Shabir		24015	"	<u>Mehwish</u>
Sabiya Jam		24013	"	<u>Sabiya</u>
Rujma Showkat		24044	Ist Sem	<u>Rujma</u>
Arbeena Amin		24064	11	<u>Arbeena</u>
Aaboo Jam		132	5th sem	<u>Aaboo Jam</u>
Iqra Bashir		302	8th sem	<u>Iqra Bashir</u>
Eima Yousuf		131	5th sem	<u>Eima Yousuf</u>
Mehki Jam		109	8th sem	<u>Mehki Jam</u>
Muskan Abraham		138	3rd sem	<u>Muskan</u>
Artiza Jam		344	3rd sem	<u>Artiza</u>
Rasay Gultor		114	3rd sem	<u>Rasay</u>
Asmat Mushtaq		129	5th sem	<u>Asmat</u>
Rukaya Nazir		101	5th sem	<u>Rukaya</u>
Kiffat Bashir Mir		24020	5th sem	<u>Kiffat</u>
Abdul Hadeed		24001	Ist Sem	<u>Abdul Hadeed</u>
Saqain Mushtaq		61	Ist Sem	<u>Saqain</u>
Shahina Farooq		24022	5th sem	<u>Shahina</u>
Basit Khurshid Wani		29	Ist Sem	<u>Basit</u>
Aunab Abbas wani		47	3rd sem	<u>Aunab</u>
Ahmad Abbas wani		256	3rd sem	<u>Ahmad</u>

Received Today
03-12-2024



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Uttersoo-Shangus - 192201 - (Distt. Anantnag) - Kashmir

Email: principal@gdcu.org

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No: GDCUT/2024/Aids/1041

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Web: www.gdcu.org

Landline: 01932-29317

Dated: 02/10/2024

The BMO
Sub District Hospital
Shangus

Subject:- Deputation of Dr. Muneera Gull to Govt. Degree College Uttersoo

Esteemed Sir,

Apropos to the above cited subject, this is to submit that this institute is organizing AIDS Awareness Programme on 4th December, 2024. In this context your good self is requested to depute the Medical Officer, Dr. Muneera Gull to this institution as resource Person on the said Date.


Principal
Govt. Degree College
Uttersoo, Anantnag



Government of Jammu & Kashmir

OFFICE OF THE BLOCK MEDICAL OFFICER SHANGUS

bpmushangus@gmail.com

The Principal
GDC Uttersoo

No:- Est/BMO/Shg/1090 - 92 .


Dated:- 03-12-2024

Subject:- Deputation of De Muneera Gull (Medical Officer) for sensitization program regarding AIDS Awareness in GDC Uttersoo.

Sir,

In reference to your communication letter No GDCUT/2024/AIDS/1041 dated:- 02-12-2024, **Dr Muneera Gull(Medical Officer)** is hereby deputed to GDC Uttersoo on 04th December 2024 at **11:00 am sharp** for sensitization program regarding AIDS Awareness in **GDC Uttersoo.**

Yours faithfully


Block Medical Officer
Shangus

Copy to:-

- 1) Dr Muneera Gull Medical Officer for information & compliance.
- 2) Office Records.