



Office of the Principal
Government Degree College Uttersoo
 گورنمنٹ ڈگری کالج اترسو (کشمیر)

Uttersoo-Shangus - 192201 - (Distt. Anantnag) - Kashmir

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 Ph. No. 9419065616 Landline:- 01932-29317
 No: GDCUT/2024/T.B/1020 Dated: 28/11/2024

Unnat Bharat Abhiyan Cell of GDC Uttersoo Organized Tuberculosis Drive at the Village Deetho



Under the chairmanship of worthy Principal, Professor Mushtaq Ahmad Sohail Unnat Bharat Abhiyan Cell of Govt. Degree College, Uttersoo organized Tuberculosis Drive at the Village Deetho today as on 28th November, 2024. The detailed report of the this awareness programme is given here as under

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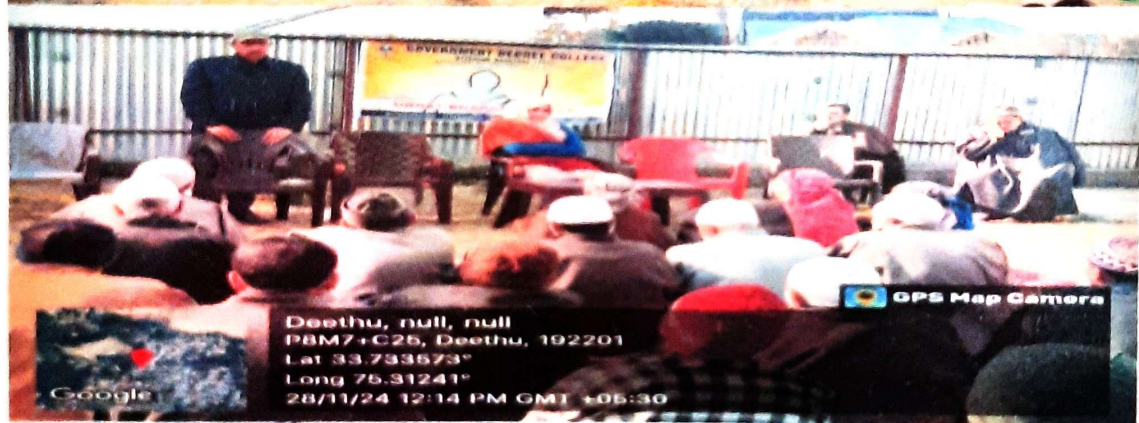
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1. The Worthy Principal, Professor Mushtaq Ahmad Sohil and The Convener Advisory, Professor Nazir Ahmad Wani authorized the Unnat Bharat Abhiyan Coordinator (Dr. Aabid Yousuf) to select the Village Deetho for the Tuberculosis Awareness Drive. They also advised the Coordinator to send Invitation to BMO, Sub District Hospital to be the part of this Drive.
2. Dr. Aabid Yousuf along with Dr. Showkat Hussain Ganie (Assistant Professor, Department of Botany) visited the Sub District Hospital on 25th November, 2024 and discussed the detailed plan with BMO. The BMO appreciated this step and agreed to be the part of this awareness Programme.
3. The Unnat Bharat Abhiyan team also made aware the Village Headman (Namberdar) about the drive and advised him to make announcement in the village regarding the awareness drive for maximum participation.
4. On 28th November, Professor Nazir Ahmad Wani, Dr. Aabid Yousuf and Dr. Showkat Hussain Ganie along with Medical Officer, Dr. Muneera Gull visited the Village Deetho, where huge gathering was waiting in an already selected open and wide place.
5. The Unnat Bharat Team was cordially welcomed by the Village dwellers.
6. Dr. Aabid Yousuf Introduced the College Faculty and Medical Officer to Villagers and elaborated how Unnat Bharat Abhiyan integrates the Higher Education Academic Institutions with the people of rural areas so as to handle the challenges of the village appropriately. After highlighting the theme, the coordinator invited Dr. Showkat Hussain Ganie for a brief speech
7. In the Local Language, Dr. Showkat Hussain Ganie elaborated the differences between communicable and non-communicable diseases along with examples. He also educated the Villagers how healthy persons should take precautions so that he/she does not catch infection from the infected person.
8. This was followed by deliberations of Professor Nazir Ahmad Wani. In his talk, he elaborated how tuberculosis drives allows early detection, prompt treatment and prevents the spread of this disease. He continued that awareness about TB might reduce the stigma of this disease as well as encourage the persons to seek the full treatment without undergoing any social isolation.
9. The detailed account of this disease was explained by Dr. Muneera Gull, Medical Officer from Sub-district hospital, Shangus. She initiated her talk with nature of the causative organism of Tuberculosis. How this bacterium infects the different organs of the body particularly in the lungs and rapidly multiplies inside the lungs, was explained by the medical officer. Symptoms of primary TB infection (low fever, cough and tiredness), latent TB infection and active TB infection (acute chest pain, persistent cough, coughing up blood, frequent evening fevers) were also elucidated by the speaker.
10. She advised the locals to consult the doctor immediately if they have symptoms that did not improve with time.
11. The medical officer also shed light on the spreading of the tuberculosis by liquid droplets of infected persons.




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12. A weakened immune system increases the risk of getting TB infection. Sugar patients, persons having severe Kidney diseases, smokers, HIV patients are highly prone to Tuberculosis, she added
13. She also highlighted different treatments for this disease. She advised the infected persons to wear masks, isolate at the home and take prescribed medicines strictly as per the advice of the doctor.
14. The awareness drive was highly appreciated by the village dwellers and requested the Unnat Bharat Abhiyan Team of GDC Uttersoo to conduct such awareness drives in the village in future as well.




P. Mohan

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The College Protocol Committee headed by Professor Nazir Ahmad Wani arranged refreshment for the participants.


Dr. Aabid Yousof
Unnat Bharat Abhiyan Coordinator


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Landline: 01922 29917
Dated: 25/11/2024

The BMO
Sub District Hospital,
Shangus

Subject:- Deputation of Medical Officer for Tuberculosis awareness in
Village Deetho

Esteemed Sir,

This is to bring into your kind notice that this institution is organizing Tuberculosis Awareness Drive in the Village **Deetho**, Shangus on **28th November, 2024**. The awareness drive is aimed to sensitize the villagers about the cause of this communicable disease, treatments and necessary precautions to be taken to prevent the spreading of this disease. In this regard, your esteemed self is requested to depute one Medical officer who shall provide detailed information about the Tuberculosis to the Village dwellers of Deetho on the said date.

Received letter AD/1
Govt/2024/Prin/1013
dt:- 25/11/2024
[Signature]

[Signature]
Principal
Govt Degree College
Uttersoo Anantnag



Government of Jammu & Kashmir

OFFICE OF THE BLOCK MEDICAL OFFICER SHANGUS

bpmushangus@gmail.com

The Principal
GDC Uttersoo

No:- Est/BMO/Shg/1059-61

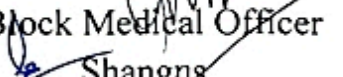
Dated:- 27-11-2024

Subject:- Nomination of Medical Officer for sensitization program regarding Tuberculosis in Village Deethu conducted by GDC Uttersoo.

Sir,

In reference to your communication letter No GDCUT/Program/1013 dated:- 25-11-2024, **Dr Muneera Gull(Medical Officer)** is hereby deputed to Village Deethu on 28th November 2024 at **11:00 am sharp** for sensitizing the dwellers of Village Deethu regarding the Tuberculosis Disease, its treatment & necessary precautions to be taken to prevent the spreading of this disease.

Yours faithfully


Block Medical Officer
Shangus

Copy to:-

- 1) Dr Muneera Gull Medical Officer for information & compliance.
- 2) Office Records.