



Government Degree College

UTTERSoo

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21/04/2025

Report on Pledge Ceremony under the banner of Poshan Pakhwada on 21st of April 2025



As part of the nationwide initiative *Poshan Pakhwada 2025*, a Pledge Ceremony was organized by **Prof. Rouoof Habib**, the NSS Program Officer of the college today on 21st April 2025 to promote awareness regarding nutrition and healthy living practices among all participants under the patronage of the worthy Principal, **Prof Mushtaq Ahmad Sohail**. The event was seamlessly integrated into the routine class schedule, during which teachers, along with the students, collectively took a pledge to support and promote the objectives of Poshan Pakhwada. The event aimed to reinforce the importance of holistic nutrition, especially for women and children, and to encourage community participation in fostering a healthier society.

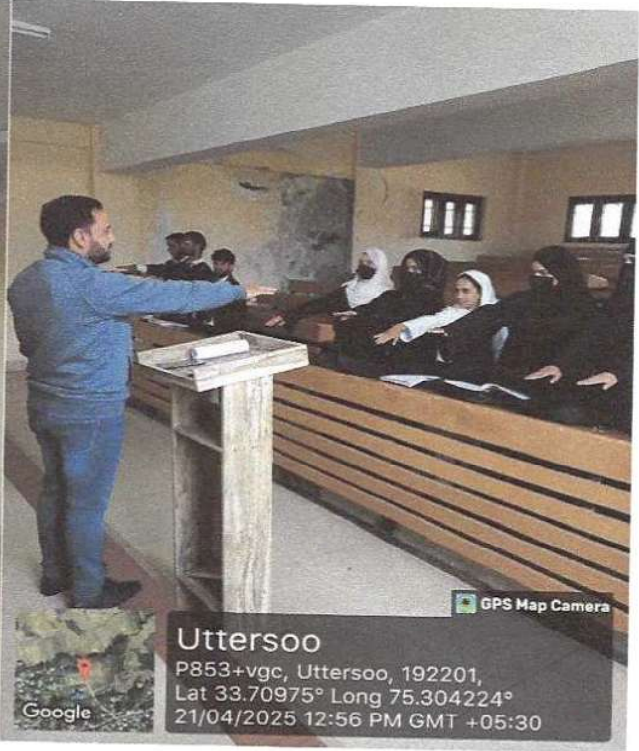
The highlight of the event was the administration of the Nutrition Pledge, where all attendees solemnly vowed to:

- Adopt and promote balanced and nutritious diets.
- Spread awareness about the importance of hygiene and healthy eating habits.
- Support and encourage breastfeeding and complementary feeding.
- Participate actively in local health and nutrition drives.

The Pledge Ceremony under *Poshan Pakhwada 2025* was a meaningful event that inspired participants to take

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active steps toward better nutrition and health. It served as a reminder of the collective responsibility we share in ensuring that every individual, especially children and mothers, receives adequate nourishment for a better future.



Organizers

Prof Rouoof Habib, NSS Program Officer

Prof Muhammad Ahmad, Sohil

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