

REPORT OF THE PROGRAM ON WOMEN IN LEADERSHIP

Despite the changes in the view of role of women in public decision making, the societies still lag behind in the proportion of women leaders. Keeping up with the commitment, towards women empowerment, of GDC Uttersoo, an event on the theme, "Women in Leadership" was organized under the aegis of worthy Principal, Dr. GNJ Qudusi and under the coordination of Women Development Cell (WDC) and Committee Anti-Sexual Harassment (CASH) on 24th June, 2020.

Around 22 students and faculty members participated in the event and proper SOPs were followed in view of the Pandemic.

The chief speaker for the event was Ms. Sanober Altaf, BDO, Chittergul, Anantnag. The program began with the Quranic recitation by Miss Muneer-ul-Umra, student GDC Uttersoo. The event was moderated by Ms. Ishrat Sofi, faculty member of the college, who also presented a Welcome Note.

Ms. Sanober then spoke in detail on various issues concerning the thin percentage of women leaders and the possible solutions. The female students could relate to the speaker due to her local appeal. The female students actively discussed and put forth their misgivings and queries during the question answer session.

The event concluded with the Vote of Thanks from Prof. Shawana Manzoor, Chairperson, WDC, GDC Uttersoo. After that refreshments were served to the student participants.

Dr. GNJ Qudusi
Principal
GDC Uttersoo

GOVT. DEGREE COLLEGE, VTTERSOO

One Day Seminar on

“Women Equality”
in Leadership

Attendance Sheet

Dated: 29-06-2020

S. No	NAME	DESIGNATION	SIGNATURE
1.	Ms Snober Altaf	BDO Chittoorgul	Snober Altaf
2.	Shawana Manzoor	Asst. Proff.	Shawana
3.	Menaza Manzoor	Academic Arrangement	Menaza
4.	Ishrat Ayoub	Librarian	Ishrat
5.	Muneer ul Umro	6 th sem	Muneer
6.	Seerat Bashir	3 rd sem	Seerat
7.	Aabiso Jan	1 st sem	Aabiso
8.	Insha Riyaz	1 st sem	Insha
9.	Tehseema Shabee	1 st Sem	Tehseema Shabee
10.	Shabnam Jan	1 st sem	Shabnam
11.	Asia Rehman	6 th sem	Asia
12.	Najmat Bashir	6 th sem	Najmat
13.	Shabnam Akter	3 rd Sem	Shabnam
14.	Iqta Amin	3 rd sem	Iqta Amin
15.	Ishrat Jan	5 th Sem	Ishrat
16.	Sabeish Janiad	1 st Sem	Sabeish

18.	Ajmeera Iqbal	Ist semi	Ajmeera
19.	Sanaya Gulzar Khushboo Jan	Ist semi Ist Sem.	Sanaya Khushboo
20.	Mehwish Jan	Ist Sem.	Mehwish
21.	Asmat Fayaz	Ist sem	Asmat Fayaz
22.	Tabdassum Ishaq	6th Sem	Tabdassum
23.	Shumila Chishti	Academic Arrangement	Shumila
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REPORT ON THE EVENT HELD

WOMEN EQUALITY

On 26th August, 2020, GDC Uttersoo, organized a one day Program on the theme, "Women Equality", under the patronage of the worthy Principal of college, Dr. GNJ Quddusi. The event was held by the collaboration of Women Development Council and the Committee Anti-Sexual Harassment.

Around 39 faculty members and students participated in the event under proper SOPs in place because of the Covid-19 Pandemic.

The guest speaker invited was Mrs. Rukhsana Parveen, ZEO, Mattan, Anantnag. The event commenced with the Quranic recitation by Miss Muneer-ul-Umra, 6th Semester student of the college. Welcome Note was then presented by Miss Ishrat Sofi, Faculty Member, GDC Uttersoo. The whole event was also moderated by her.

Mrs. Ruksana Parveen steered the event with her deep insight into the multi-dimensional role of women and the ground reality in our society as regards to the status enjoined upon them. She touched the various historical trajectories of women status vis-à-vis to their male counterparts.

The students actively discussed with her and with each other during the question-answer session.

The event ended with the Vote of Thanks from Prof. Shawana Manzoor, HOD, EVS Dept. and head of the Women Development Council. Refreshment was served to all the students.

GOVT. DEGREE COLLEGE, UTTERSOO

One Day Seminar on "Women in Leadership" ^{Equality}

Attendance Sheet

Dated: 28-08-2020

S. No	NAME	DESIGNATION	SIGNATURE
1.	Mrs. Rukhsana Parveen	ZEO Maltan	
2.	Mrs. Snobar Akter	Principals	
3.	Showana Manzoor	Asstt Proff.	
4.	Mehnaz Manzoor	Academic Arrangement	
5.	Shumila Chisti	Academic Arrangement	Shumila
6.	Zshrat Ayoub	Librarian	
7.	Shabnam Akhter	3rd sem	Shabnam Akhter
8.	Muneer ul Umera	- 6th sem	
9.	Asia Rehman	- 6th sem	
10.	Shabnam Jan	1st sem	Shabnam Jan
11.	Tehseena Shabee	1st sem	Tehseena Shabee
12.	Insha Riyaz	1st sem	Insha
13.	Aabiso Jan	1st sem	Aabiso
14.	Serfat Bastar	3rd sem	Serfat
15.	Asmat Fayaz	1st sem	
16.	Khushboo Jan	1st sem	
17.	Mehvish Jan	1st sem	

	Saniya Gulzar	1st sem	Saniya
	Almora Jano	1st sem	Almora
	Sabbish Javed	1st sem	Sabbish
21.	Ishrat Jan	5th sem	Ishrat
22.	Iqsa Amin	3rd sem	Iqsa Amin
23.	Heemo Jan	1st sem	Heemo
24.	Ghazal Javid	3rd sem	Ghazal
25.	Azra Maqbool	3rd sem	Azra Maqbool
26.	Akbira Bashir	3rd sem	Akbira Bashir
27.	Sumoya Majeed	3rd sem	Sumoya
28.	Rida Rashid	3rd sem	Rida
29.	SHAZIA Yusuf	3rd sem	SHAZIA
30.	Jamia Amir	3rd sem	Jamia
31.	Sayima Akhter	3rd sem	Sayima
32.	Uzma Nazir	3rd sem	Uzma Nazir
33.	Subreena Bashir	1st sem	Subreena
34.	Iqsa Jan	1st sem	Iqsa
35.	Asmat Amir	1st sem	Asmat
36.	Saniya Javed	1st sem	Saniya
37.	Aburat Jan	1st sem	Aburat
38.	Tanzeela Shafi	1st sem	Tanzeela Shafi
39.	Najma Bashir	6th sem	Najma
40.			



REPORT

IMPACT OF COVID-19 ON WOMEN

DATED: 19.10.2020

Under the patronage of the worthy Principal GDC Uttersoo, Dr. GNJ Quddusi, Women Development Cell (WDC) in collaboration with Department of Sociology, organized a lecture on, Impact of Covid-19 on Women.

12 students and staff members participated in the event. Proper SOPs were followed.

Miss Ishrat Sofi, Faculty member, GDC Uttersoo delivered a talk on the topic. Apart from the health issues, the problems like that of domestic violence, problems of working from home, the drop-out of girl students in preference to the male sibling were discussed in length, apart from other issues. The avenues that were made available by the government to fight domestic violence were also discussed.

Proper discussion was held afterwards. The strengthening of infrastructure for online classes and provision of subsidized means and modes especially for girls were suggested among other propositions. In the end refreshment was also served to students.


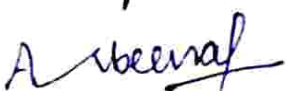

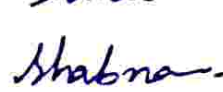





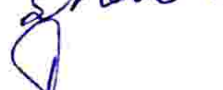

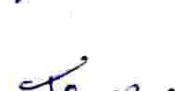
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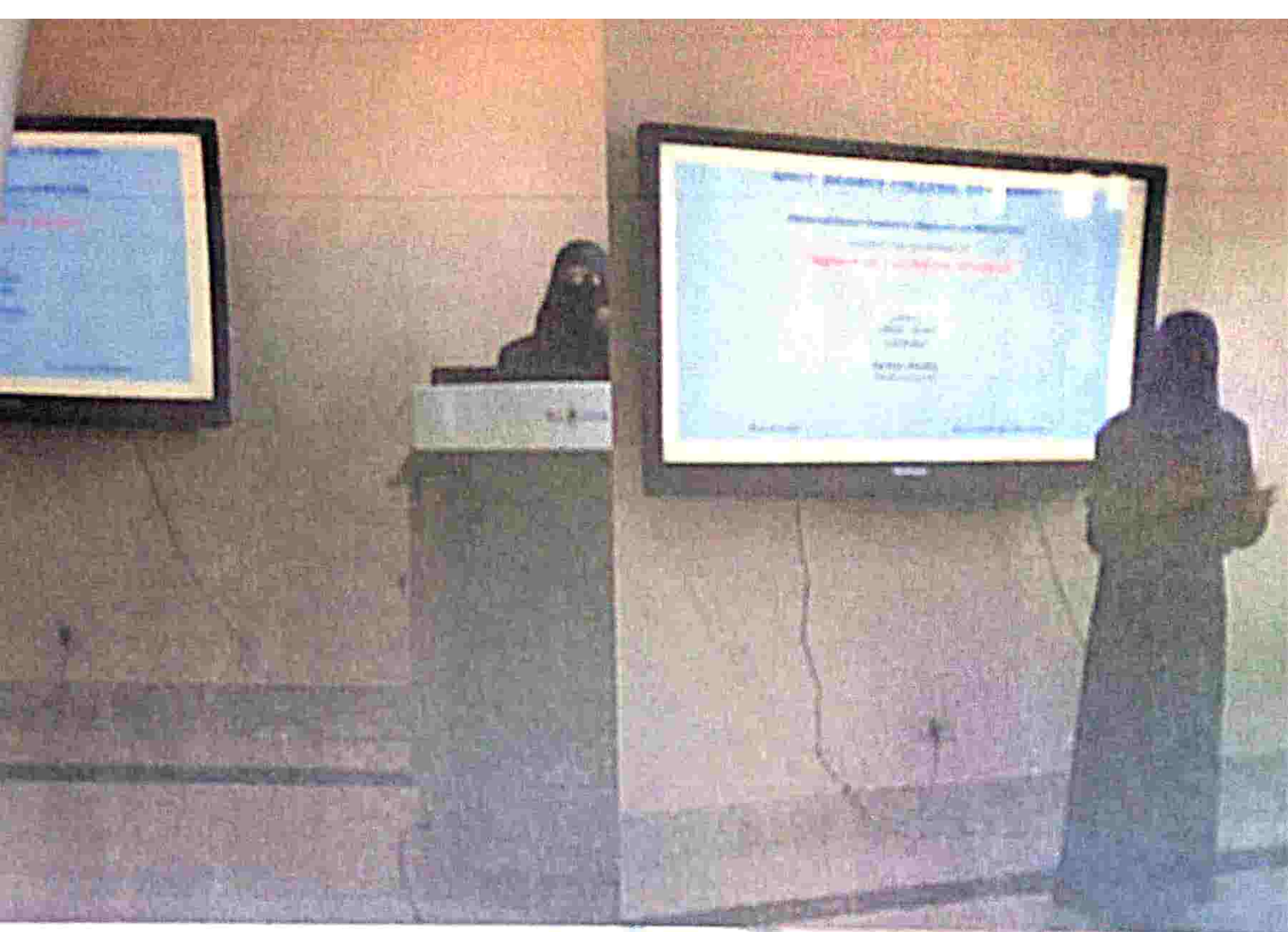
Attendance

Seminar on

Impact of Covid on Women

Dated :- 19th October, 2020

S.No	Name	Semester/Designation	Signature
1.	Ishrat Aynub	Librarian	
2.	Arbeena Manzoor	6th	
3.	Ishrat Jan	5th	
4.	Shabnam Yousuf	5th	
5.	Aaliya Bakir.	5th	
6.	Mateefa Jan	5th	
7.	Syeda Yousuf	6th	
8.	Heena Manzoor	6th	
9.	Shabnam Jan	1st Sem	
10.	Shabroza.	6th.	
11.	Tanzeela Sherfi	1st Sem	
12.	Aminat Jan	1st Sem	



Report of event "Self care during covid_19 Pandemic" organised by GDC UTTERSOO in association with IMDAAD under the sponsorship of ATHROUT on 3rd December, 2020

GDC Utersoo in association with IMDAAD under the sponsorship of ATHROUT organised an awareness lecture on COVID-19 pandemic today on 3rd of December, 2020.

The chief guest on the occasion was Dr. Sheikh Mohammad Ibrahim.

The awareness programme commenced with the recitation of Holy Quran by Najma Bashir 6th semester student.

The welcome address to the chief guest and other members from IMDAAD was presented by Worthy Principal, Dr. GNJ Qudussi.

Speaking on the event, Mr. Mudasir Nisar shed the brief light on the origin of the conception of idea of IMDDAD during the COVID-19 pandemic. He also told us the audience about the brief achievements of IMDAAD at the grass root level.

Dr. Sabzar Ahmad speaking on the occasion also expressed his Ideas about the IMDAAD and stressed upon the importance of struggle in one's life. He also deliberated upon the IMDDAD's role in educational upliftment of meritorious students belonging to the downtrodden families.

Mr. Imtiyaz Ahmad explained about ATHROUT being one of the important NGO's operating in Kashmir valley helping the needy families in different aspects of their life and how IMDDAD has tied up with the ATHORUT.

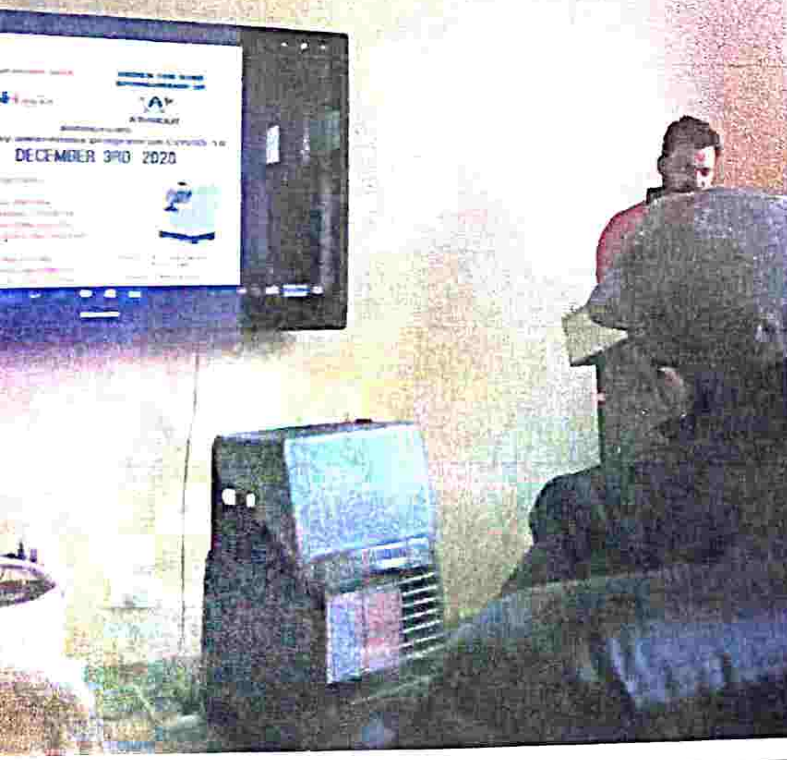
Dr. Sheikh Mohammad Ibrahim chief guest on the occasion deliberated upon the COVID-19 Pandemic. He explained about its origin, symptoms, preventions and treatment and also presented the demo regarding the operation of Oxygen contractor.

The event was attended by 16 participants including staff members of GDC Utersoo. The whole event was followed by an interactive session between the audience and the chief guest.

Vote of thanks was presented by Javid Ahmad Kumar, Assistant Professor and organiser of the event.

Mr. Ashaq Hussain Bhat, 6th semester student acted as the anchor during the whole event.

Mr. Faheem Ahmad Khan and Mr. Ashaq Hussain Shah Teaching Assistant Computer Applications provided the technical support during the event.



Awareness Program on Self-care During COVID-19

Attendance

(3rd December, 2020)

S. No.	Name	Signature
1	Haroon Katar wari (Sen 92)	Haroon Katar
2	Subeil Ahmed Sheikh	Subeil
3	Musaib Naziy	Musaib
4	Amin Farooq Bhal	Amin
5	Muhammad Usman wari	Muhammad
6	Rouf Ahmad Akhanger	Rouf
7	Humaira Hamid	Humaira
8	Subaina Salam	Subaina
9	Salma Akhder	Salma
10	Wahid Hussain Khan	Wahid
11	Adu Shumail Dargi	Adu
12	Rafia Rashid	Rafia
13	Shahida Beshik	Shahida
14	Rukhsana Akther	Rukhsana
15	Insha Jin	Insha
16	Delana Hassan	Delana

Principal,
GDC Utersoo,


Subject: Proposal to organise the online extension lecture with Prof. Dr. Parveena Pandit.

As the college is going to have a NAAC inspection in near future, Debates and Seminar committee of our college is proposing to organise an online extension lecture with Dr. Praveena Pandit on Institutional Preparedness for NAAC on 24th September, 2020.

Your office is intimated to kindly permit us to organise the same.

Dated: 16/09/2020


Convener
Debates and Seminars

*Permission
is granted*



Co-ordinator
IQAC

Report on Extension Lecture by Prof. Dr. Parveena Pandit

Debates and seminar committee of GDC Utersoo organised an "Online Extension lecture on "Institutional Preparedness for NAAC" on 24th September, 2020 by Prof. Dr. Parveena Pandit, controller of Examinations, central university of Kashmir, Srinagar.

The whole programme commenced at 12:30 pm sharp with Welcome address presented by Worthy Principal, Dr. GNJ Quddusi.


The chief speaker explained lucidly about different dimensions of NAAC. Why colleges are being given accreditation by the higher authorities and what are the outcomes to the colleges and universities via this NAAC. Mrs Parveena Pandit deliberated upon all the seven components of NAAC and also taught the audience about the filling of SSR. Moreover worthy Speaker also shared her experiences as a member of the NAAC peer group to certain universities and colleges and exhorted upon the audience to keep the documentation of all the micro as well as macro achievements. Besides she has also taught audience that college authorities should also arrange infrastructures for female staff, disable students and also the girl's students on roll of the institute.

The whole presentation was followed by question answer session in which important confusions regarding NAAC were cleared by the worthy speaker.

The programme concluded with the vote of thanks given by Mr. Tariq Bashir assistant professor and head of department history.

The programme was co-ordinated by Mr Mohmad Aarif Khanday assistant professor and head of department botany.

The technical support was provided by Mr. Ahsaq Hussain Shah, Teaching Assistant Computer Applications.


Mohmad Aarif Khanday
Co-ordinator
IQAC


Javaid Ahmad Kumar
Convener
Debates and Seminar

The Principal,
GDC Uttersoo


**Proposal for the conduct of Interactive Session with Prof. Yaseen Ahmad Shah,
Ex-Director Colleges, J & K UT on 23/09/2020**

College Advisory Committee in collaboration with Debates and Seminars Committee, hereby, propose to conduct an interactive session with Prof. Yaseen Ahmad Shah, Ex- Director Colleges, J&K UT on 23/09/2020 in order to get the first hand knowledge about the NAAC prep as the said person has expertise in NAAC related affairs.

Submitted for Approval

Convener 

College Advisory Committee

Convener 

Debates and Seminars Committee


Convener

IQAC

Date: 16/09/2020

Approved.
Sunil



Worthy Chair,
GDC Uttersoo

Subject: Proposal to organise ICT Workshop on 17th October, 2020

Debates and seminar committee in consultation with College Advisory Committee college proposes to conduct one day workshop on information and communication technology for the staff on 17th October, 2020.

Submitted for approval.



Javaid Ahmad Kumar
Convener
Debates and Seminar



Mohamad Arif Khanday
Convener
CAC

Report of ICT Workshop held on 17th October, 2020

Debates and Seminar Committee in collaboration with College Advisory Committee of Government Degree College conducted a one day workshop on 17th October 2020 for its staff on the theme "Information and Communication Technology". The services of Mr. Zahid Maqbool Mir, Assistant Professor, Computer Applications Government Degree College Dooru were availed for the workshop. The programme started with the welcome address presented by Mr. Tariq Bashir, Assistant Professor and Head of Department, History to the chief speaker.

The chief guest gave the hands on training to the staff about Google meet, Google form, MOOCs, SWAYEM, automatic certificate generation, setting quiz questions alongwith the answer key and other technology related areas which are helpful for the academic purposes. The training provided by resource person was followed by an interesting interactive session between the audience and the resource persons. Questions about different aspects of technology related to academic purposes were asked to the resource person.

In the end, Mr. Parvaiz Ahmad Khan lecturer and Head of department Physics presented the vote of thanks to the guest, Principal, audience and other personnel supporting the workshop. The whole programme was moderated by Mr. Bilal Ahmad shah Assistant Professor Education.

During the whole programme, Mr. Faheem Ahmad Website Designer and Mr. Ashaq Hussain Shah, lecturer Computer Applications provided the technical Support.

In the end, refreshment was also served to the whole participants.


Tariq Bashir

Convener

C. A. C.


Jawad Ahmad Kuttar

Convener

Debates and Seminar



GOVT DEGREE COLLEGE,
UTTERSOO (ANANTNAG)

J & K UT - 192201
GDC.UTTERSOO@GMAIL.COM



DATE: 5TH SEPTEMBER, 2020
TIME: 11 AM - 1 PM

International Webinar on:
*Basics of Intellectual Property Rights
*IPRs in the context of UT of J & K



Syed
Nadeem
Hussain



Awah Favor



MD Belal
Hossen

EXAMINER

(TRADEMARKS AND GI)
DEPARTMENT OF PATENT,
DESIGN AND TRADEMARKS,
MINISTRY OF INDUSTRIES,
BANGLADESH



M Naseer Ul
Haq

COORDINATOR,
GRASSROOT INNOVATORS WITH E
FROM NIF CELL, UOK
SOCIAL INNOVATOR,
STARTUP AWARD WINNER - 2018

ICDI SCHOLAR, SOUTH KOREA
WIPO ICDI ICDPO SCHOLARSHIP 2020
PRESENT EXPERT,
INSTITUTION
INNOVATION COUNCIL
MINDO
EX INNOVATION
FELLOW NIF DST GOI

FACULTY,
DEPARTMENT OF BIOCHEMISTRY,
MICHAEL OKPARA
UNIVERSITY NIGERIA

DISCOVER AN INNOVATOR IN YOU

Registration open till 4th
September, 2020

Each participant will be
awarded a
Certificate

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Patron:

Dr GNJ Quddusi (Principal)

Coordinator:

Aarif Qadir

+919622918419

Debates and seminars committee, GDC Utterson-Shangus

(Anantnag) J and K IT- 192001

International Webinar held on the theme "Intellectual Property Rights" on 5th September, 2020

Report

With the aim of awakening the students and the faculty about the lesser discussed but more important topic i.e. Intellectual Property Rights (IPRs), the college held its maiden International Webinar under the patron-ship of Dr GNJ Qudusi (Principal) today as on September 5th, 2020. The webinar was conducted through ZOOM platform.

At the outset, Dr Shumila Cheshiti presented a welcome note introducing the resource persons. The moderator of the event, Prof Bilal Ahmad Shah, then called on the first speaker Syed Nadeem Husain (Patent Expert stationed in South Korea) who spoke on the basics of IPRs.

Awah Favor, faculty member, University of Nigeria, spoke on the patent opportunities and IPRs in the context of Life Sciences.

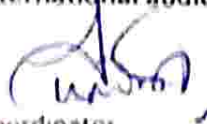
MD Belal Hossen, associated with Ministry of Industries, Bangladesh, spoke on the brands, trademarks in the backdrop of IPRs.

Naseer ul Haq – Best start-up award winner of the valley for the year 2018, spoke on the Grass root innovations.

A question-answer session was held after all the speakers finished their sessions. The e-Certificates were generated and Issued online simultaneously with QnA session by Mr Ashiq Hussain Shah.

The webinar ended with the vote of thanks presented by Prof Tariq Bashir with the hope of holding such events in the future too.

The event was highly engrossing and a great achievement as it saw the participation of international audience and the speakers of international repute.


Coordinator,
Aarif Qadir

Notice

Debates and Seminar committee in collaboration with WDC and CASH is going to organise a symposium on 16th March, 2021 to celebrate the International Women's Day.

All the enrolled female students of different séesters are informed vide this notice to register themselves to participate in the said event.

Convener

Debates and Seminars

Report on International Women's day 2021.

Debates and Seminars committee in collaboration with Women Development Cell and Committee Against Sexual Harassment of GDC Utersoo organised one day seminar on the occasion of international Women's day on 16th March 2021. The theme for the seminar was Women and Present day Challenges. The venue of the seminar was conference room. The chief guest for the occasion was Mudasir Aziz Psycho-therapist, PhD Scholar and In-charge Drug De-addiction Centre Anantnag. The programme commenced with the recitation of some verses of holy Quran by Ayesha Binti Zainab a student from second semester. It was followed by the praises to Almighty Allah swt in the form of Naat-i-Sharif by Azrat Jan of 5th Semester student.

The welcome address to chief guest and participants was provided by Mohamad Arif Khanday Assistant professor Botany.

Mr. Tariq Bashir Assistant professor History while speaking on the occasion highlighted the importance and concern of the fights of women in our life.

Mrs. Mudasir Aziz the chief Speaker on the occasion also highlighted the importance of the day. She also deliberated upon the issues which pertain to the psychological domain of women. She also attempted to understand and create consciousness about the role women needs to play in the different fields of our life.

This lucrative and awesome lecture was followed by the presentations delivered by the participants who have registered for the said event. The presentations were confined on the topic highlighted above and the best three were given awardee.

The panel to evaluate the performance of participants comprised of Mr. Gowher Ahmad Malik Assistant Professor Economics, Mr Tariq Bashir Assistant Professor History and Shawana Manzoor Assistant Professor Environmental Science.

Abidah Jan BSc student from 3rd semester bagged 1st position, Munazah Shafi 5th Semester Student got 2nd position and Asmat Fayaz of 2nd Semester got 3rd position respectively.

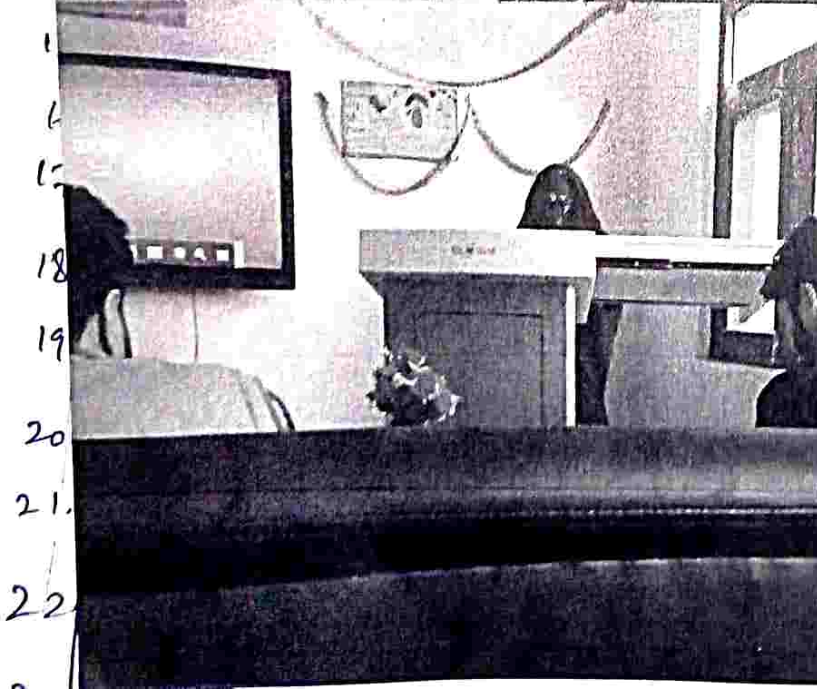
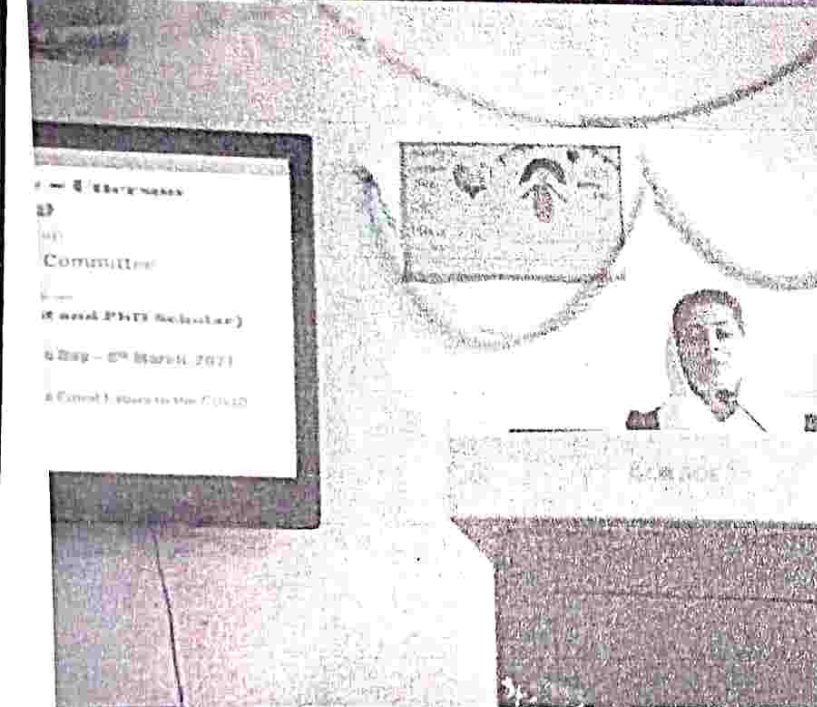
Mr Gowher Ahmad Malik speaking on the occasion drew the attention of the audience about dowry and property rights of daughters.

Mr. Bashir Ahmad Dar Associate Professor Economics presented the vote of thanks to the chief guest and audience present on the occasion.








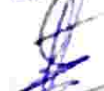
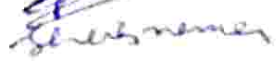

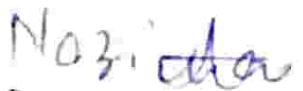
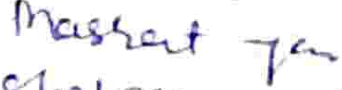






The technical support during the whole event was provided by Mr. Faheem



**Govt Degree College - Utersoo
(Anantnag)**
In collaboration with:
Debates and Seminars Committee
Presents an interactive program on:
Mudasir Aziz (Psycho-therapist and PhD Scholar)
Celebration of International Women's Day - 8th March, 2021
Theme: "Women in Leadership: Achieving an Equal Future in the COVID-19 World"



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Name of the Participant	Sem/Decy.	Signature
1. Prof. Showana Manzoor	Asst Prof. Evs	
2. Prof. Tariq Bashir	Asst Prof. History	
3. Prof. Aarif Khanday	Asst Prof. Botany	
4. Prof. Goushar Ahmad	Asst Prof. Economics	
5. Prof. Javid Ahmad	Asst Prof. Pol. sc	
6. Prof. Bashir Ahmad	Asst Prof. Economics	
7.		
8. Shobnum Hassan	2 nd semester	
9. Munazah Shafi	5 th semester	
10. Ghazala Javid	4 th Sem.	
11. Uzma Iqbal Rayoo	4 th Sem	
12. Jabeena Akhtar	4 th Sem	
13. Tanveera Jan.	4 th semester	
14. Shabnuma Ahs.	4 th semester	
15. Asmat Fayoz	2 nd semester	
16. NAZIMA ASHRAF	4 th Sem	
17. Masrat Jan	4 th Sem	
18. Shabeenam Akhter	4 th Sem	
19. Shahid Jany	4 th Sem	
20. Asmat Jan	3 rd Semester	
21. Arjuman Mushtaq	3 rd Semester	
22. Aabidah Jan	3 rd semester	
23. Shazia Altaf	3 rd Semester	

Govt. Degree College, Utersoo, Anantnag

organizes

Intra-college debate

on 05/10/2021

**Theme: "Relevance of Gandhian
Thoughts in the current era"**

Celebrating 151st birth anniversary of Mahatma Gandhi

(Gandhi Jayanti ,2nd Oct.)

Under the banner of

"AZAADI KA AMRUT MAHOTSAV"

Organisers:

Patron:

Dr Tasleema Bano

(Principal)

DEPARTMENT OF HISTORY

DEBATES AND SEMINAR COMMITTEE

Note: For registration and further information, contact on 9707881070



Intra-college debate on "Relevance of Gandhian thoughts in the current era" Conducted On 05/10/2021

A Report:

On the occasion of 151st birth anniversary of Mahatma Gandhi, under the banner of Azadi ka Amrut Mahotsav, Debates and seminar committee of GDC Utersoo in collaboration with Department of History organised an intra college debate on 05-10-21. The theme of the event was "Relevance of Gandhian thoughts in the current era". The event was inaugurated by Dr. Tasleema Bano, Principal GDC Utersoo. In her inaugural speech, principal ma'am Dr Tasleema Bano highlighted the role played by Gandhi in maintaining world peace and unity. She said that there is dire need of following the twin principles of Ahimsa (non violence) and Satyagraha (truth) propounded by Gandhi. Speaking on the occasion head department history, Mr Tariq Bashir praised Gandhi and called him "the gospel of peace and unity". He said that we need to follow Gandhian ideology in every walk of life. This was followed by excellent presentations by our three student participants and a healthy discussion later on. At last vote of thanks was presented by Mr Javaid ahmad (convener, debates & seminar). The event was attended by a total of 23 participants. Certificates of participation were presented to the main speakers of the occasion. Refreshments were also served to the participants at the conclusion of the event.



Intra-college Debate on Relevance of Gandhian thought In the current era (5/10/2021)

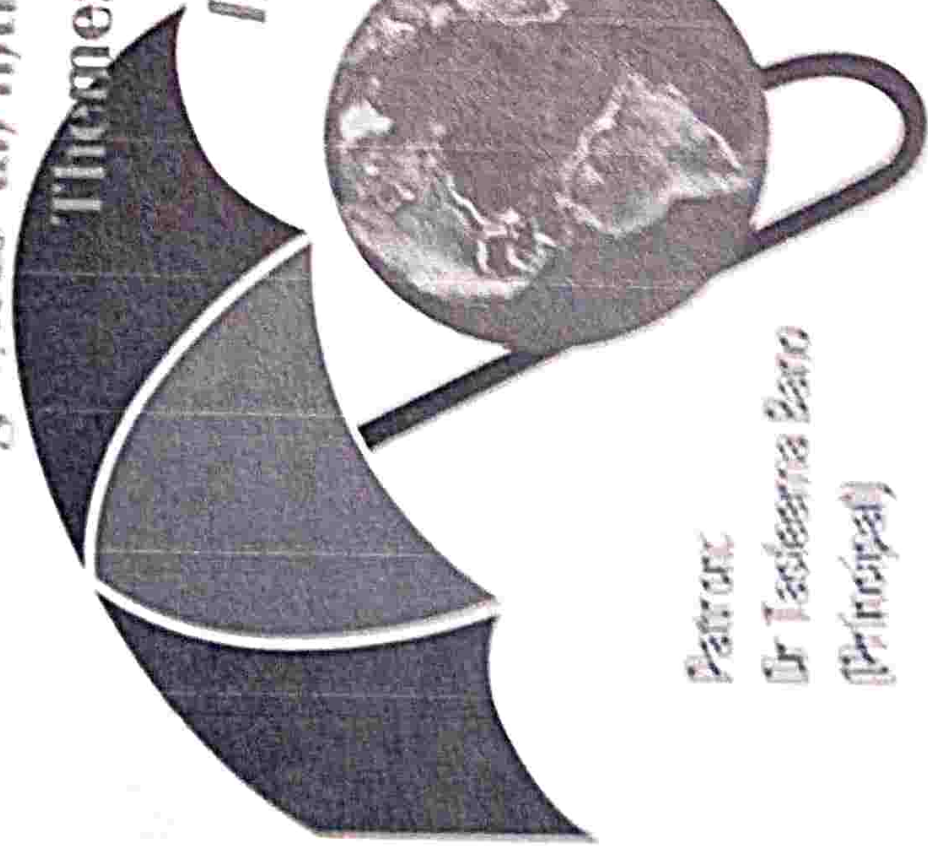
Record of participants

S. No.	Name	Signature
1	SHokey JAN. (Sem - 4th)	
2	SHEEMA Manfoor (Sem 4th)	
3	Sahma nazih (4th sem)	
4	Mumtaza Jan (4th sem)	
5	Oshwat Javard (3rd sem)	
6	Khushoo Jan (3rd sem)	
7	Chesmat MUSHTAQ 2nd Sem	
8	Mahbey Jan 2nd sem	
9	Asooja Gul 2nd sem	
10	Naukeena Ramzan 2nd sem	
11	Aate - UN - NISA 2nd sem	
12	Mehak MUSHTAQ " "	
13	Nadia Khushheed " "	
14	Sohana Qadie 2nd Sem	
15	Sabbish JAVIAD 3rd sem	
16	Tanzeela Chafi 3rd Sem	
17	Yasmeena ARKHEL 5th Sem.	
18	PRINCEY Jan 6th Sem	
19	Bazila Jan 6th Sem	
20	Prof. Tariq Bashir (AP HS)	
21	Prof. Nawaz ahmed (AP cu)	
22	Prof. Javard Ahmed (AP Pol. Sc.)	
23	Prof. Shewana Manjoor (AP EVS)	

GOVT. DEGREE COLLEGE, UTTERSOO, ANANTNAG-192201

Organises an intracollege seminar on 25-09-2021

Theme: "Ozone;the protective umbrella"



In order to celebrate the

International Day

(16th September)

for the Preservation of

OZONE LAYER

Patric

Dr Tasleema Bano

(Principal)

Organisers:

Department of EVS

Debates and seminar committee

URGENT REGISTRATION AND FURTHER DETAILS CONTACT ON 7006514136 BY OR BEFORE 24-09-21.

GDC UTTERSOO, ANANTNAG-182201
Organized an intracollege seminar on 25-09-2021
Theme: "Ozone; the protective umbrella"



In order to celebrate the
International Day
(16th September)
for the **Preservation of**
OZONE LAYER

Patron:
Dr Tasleema Bano
(Principal)

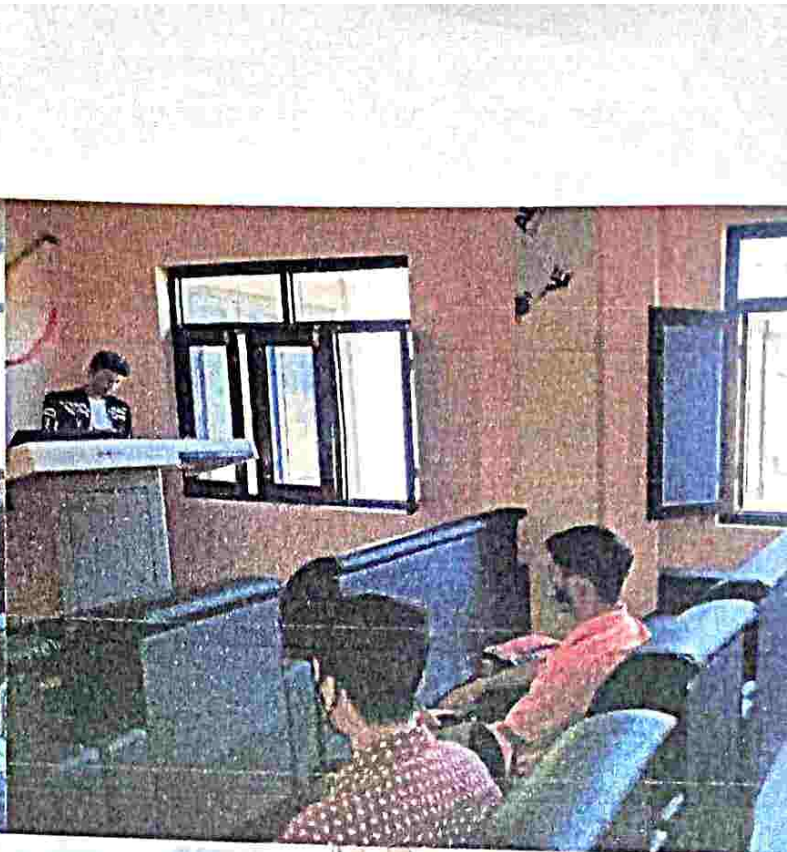
Organisers:
Department of EYS
Debates and seminar committee

NOTE: FOR REGISTRATION AND FURTHER DETAILS CONTACT ON 7006514136 BY OR BEFORE 24-09-21

REPORT: ONE- DAY SEMINAR " Ozone : the Protective Umbrella" held On

25/09/2021

The Department of Environmental Science in collaboration with Debates and seminar committee of GDC Uttersoo organized one day seminar on 25th of September, 2021 to celebrate the International day for preservation of Ozone layer (16th sept.). The theme of the seminar was "Ozone: the protective umbrella". The seminar was inaugurated by Dr. Tasleema Bano, Principal GDC Uttersoo. She talked about the environmental problems that we are facing today. She stressed upon the need of changing our attitude towards our environment and creating mass awareness about environmental issues and finding their possible solutions. Then an introduction about the program was presented by Prof. Shawana Manzoor (HoD Environmental science). She highlighted the importance of Ozone layer in making life possible on this planet earth. She mentioned that a large scale production of Ozone Depleting Substances like CFC's etc, in the name of development has led to the destruction of the valuable ozone layer. She emphasized the need for adopting the key points of Montreal Protocol (16th September, 1987) in letter and spirit. This was followed by excellent presentations by our four student participants on the theme: ozone as a protective umbrella and what needs to be done to protect this natural shield of earth. Then at last vote of thanks was presented by Prof Tariq bashir (HoD, History). The seminar was attended by a total of 15 participants. Certificate of participation were presented to the main speakers of the occasion. Refreshments were also served to the participants.



Name	Rank
Qura Amr	4th
Khawar Jari	4th
Muhammad Waqar Akbar	4th
Muhammad al Rauf	4th
Qura Raafiq	4th
Abid Hameed	4th
Sonalia Jan	4th
Sumayy Majed	4th
Surat Bashir	4th
Misba Fayaz	4th
Aijaz Ahmed Hajam	2nd
Monis Hameed	2nd
Faisal Yousaf	2nd

Sig.
Qura Amr
KAWSEER JARI

MUHAMMAD
Muhammad

Abid

Waqar

Qura,
Abid

Surat

Misba

Surat
Misba
Aijaz

Monis

Faisal

Event: Ozone Day Celebration
25-09-2021

The worthy Principal

Govt. Degree College

Uttersoo

Subject: Proposal for the conduction of workshop on self-defense.

The young girls and women who venture out face the threat of sexual harassment. This may deter some female students to attend the college. Since it is not always possible for the law to come to their rescue, it is opportunity for them how to defend themselves. For this purpose, WDC (Women Development Cell) & CASH in collaboration with Physical Education proposes one week training on self -defense for girl's students of the college. For this activity the committee proposes to hire a trainer in self-defense. The workshop will commence from 27-09-2021 to 03-10-2021

Submitted for Approval


Convener
WDC & CASH

H.O.D

Physical Education 

Dated: 11-09-2021




**Women Development Cell (WDC) and Committee Against Sexual Harassment (CASH)
Govt Degree College - Utersoo**



Notice:

It is for the information of all the students of GDC Utersoo that WDC & CASH in collaboration with Department of Physical Education is going to organise one week workshop on self defence for female students of the college from 27-09-2021 to 3-10-2021. Our trainer Mrs Ulfat Abbas will give hands on training to our participants. Only 20 females will be trained in this workshop.

All the interested female students will register themselves with Prof Shawana Manzoor (7006514136) by or before 26-09-2021. Registration will be on first come first serve basis.


Principal 25-09-2021

Organisers:

1. 
2. 

Dated: 23/09/2021

The Principal,
G.D.C. Uttersoo College,
Uttersoo, Anantnag.

Subject: Permission to organize one week workshop from 27-09-2021 to 03-10-2021

Respected Madam,

I want to draw your kind attention that our college wants to organize one week workshop on Self defense with effect from 27-09-2021 to 03-10-2021 within college campus. For the said workshop, we need to select 20 girls and one trainer which is to be hired. We have to provide travelling charges and refreshment for trainer as well as for students.

The detailed expenses for the workshop are given below.

S.No	Participants	Travelling charges (rupees)	Refreshment (rupees)	Total amount
1	Trainer	300/-	200/-	500/-
2	Students(20)	Nil	30 per student	600/-
Total charges for one day				1100/-
Total charges for one week workshop				7700/-

The proposal is here by submitted for your Kind approval and necessary action.

Thank you

Yours faithfully

Ajaz Ahmad Dar (PTI)



Department of Physical education

GDC Uttersoo

Debates and Seminars Committee

Schedule of activities to be organised by the Institution during September-October 2021

S.NO.	DATED	ACTIVITY	ORGANISING DEPARTMENT AND VENUE
1	20 th September	Drawing competition (Theme: Unity In Diversity)	Department of Sociology (Classroom I/ Ground)
2	23 rd September	Seminar (Importance of discipline)	Department of Physical education in association with College Discipline Committee (Committee hall)
3	25 th September	Seminar (Ozone as a protective umbrella for humanity)	Department of EVS (Committee hall)
4	27 th September	Workshop (Self-defence for girls)	Women Development Committee (Girls common room)
5	21 st September	Debate (International Peace - Is it possible)	Department of Political science (Committee hall)
6	29 th September	Group discussion (COVID-19 and mental issues)	Department of Education (Committee hall)
7	30 th September	Group discussion (COVID-19 pandemic: a wakeup call)	Department of English (Committee hall)
8	4 th October	Debate (Relevance of Gandhian thoughts in the current era)	Department of History (Committee hall)

Note: All the programs will be held at inter-college level preferably in offline mode with limited students and following all the SOPs related to COVID-19.


Convener, Debates and Seminars

Principal

REPORT

One week Self Defense Workshop(27-09-21 to 03-10-21)

Event: Workshop on Self Defense for female Students

Duration: 27th Of September to 3rd October

Participants: Female students of GDC, Uttersoo (all semesters & all streams)

No. of participants: 20

Organisers: WDC & CASH, Debates & Seminar committee

Venue: Girls common room, Main Building

Trainer: Dr. Ulfat Abbas (Physical Education)

Objectives:

- 1) To educate the girl students about the different types of violence against them .
- 2) To provide knowledge about the tips of self-protection to be kept in mind in different situations.
- 3) To show case and give demo on different self-defense techniques.

Event Details:

For a safer world, there's a crucial requirement to teach self-defense to girls from an early age, so that they grow up to become self-reliant, strong and confident individuals. . Self-defense classes have many benefits apart from just safety. They sharpen your reflexes, keep you fit, reduce stress, raise self-awareness, and also teach you discipline – skills that can help every woman lead a happy and safe life.

Women Development committee (WDC) & Committee Against Sexual Harassment (CASH) in collaboration with Debates & seminar committee of GDC Uttersoo conducted a week long self-defense workshop from 27th of September to 3rd October 2021, for the female students of the college. The training was conducted to boost the self-confidence of the girls and to make them able to act in unfavorable situations. Self-defense prepares oneself for any unforeseen circumstance and can also empower to help others in time of need.

The workshop started with an inaugural speech by Dr. Tasleema Bano (Principal). She highlighted the key points as to why such kinds of workshops are required to sensitize our girl child/students to self-protect themselves in public places as well as at home. She also pointed out that this is the demand of the hour as we can relate ourselves to the news items of domestic violence, eve-teasing cases and other severe forms of violence against women which is pouring in on a day to day basis.

Prof. Shawana Manzoor, (Convener WDC & CASH), spoke largely on the kind of violence that is

committed against women. She narrated some instances related to Domestic Violence, Sexual Harassment in public, private, or the workplace, etc. She pointed out why it is necessary to attend and train oneself with this kind of workshop and training programmes. Then our trainer, Miss Ulfat Abbas gave advices and tips to our girl students on how to avoid situations and circumstances that may lead to unwanted/unwanted incident. She said that having knowledge about self-defense techniques not only help defend but also it builds confidence in oneself. She also elaborated some tips on how to self-protect and defend. After the inaugural session and felicitation ceremony, demonstration of the self-defense technique followed under the command of Miss Ulfat Abbas.

The training session on each day lasted for about 2 hours. Refreshment was served to all the participants (@ Rs.24 per student) at the conclusion of each day's training session.

Valedictory session:

The girls were trained about various techniques of self-defense during the workshop. The workshop lasted for 5 days only (2nd & 3rd Oct being holidays). The participants learnt about tackling different situations whenever they found themselves under any kind of harassment. The workshop was seen as a boon to the girls who often have to travel away from their homes for studies and work.

During valedictory session (i.e., 01-10-2021), the participants of the workshop demonstrated some self-defense techniques in front of Dr. Tasleema Bano (Principal), other faculty members and some female students of the college. The participants were given the certificates of participation by our principal. Also a certificate of appreciation and TA + Service charges (@ Rs.250/day) were presented to Dr. Ulfat Abbas (Trainer)

The vote of thanks was given by Prof. Shawana Manzoor, convener WDC & CASH. Expressing her gratitude she thanked the trainer, Dr. Ulfat Abbas for her efforts and enthusiasm in training and equipping the female students of the college with such valuable self-defense tips & skill. She also thanked Dr. Tasleema Bano, Principal, GDC Utersoo for her support and confidence in her for giving the move ahead. She also thanked Prof. Javaid Ahmed, Convener Debates & Seminar for overall support and making this workshop a success.

Learning Outcome:




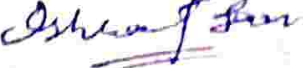


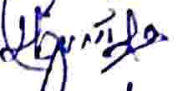

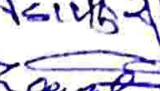

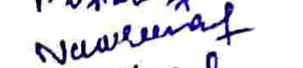
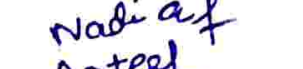
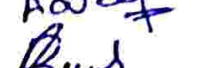







The learning outcomes from the workshop on Self-Defense Programme are:

- 1) The participants learnt about the different kinds of violence that may be faced by girls or by women in any place including at home.
- 2) The student participants got different self-protection tips on how to avoid/defend by




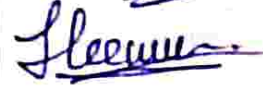

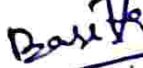





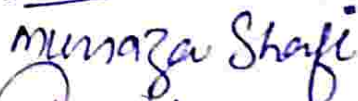
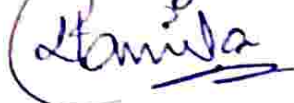
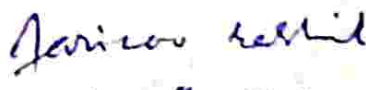


Self-defense workshop (Attendance)

27-09-2021




No	Name of the participant	Semester / Designation	Signature
01	Prof. Shawana Manzoor	Convener WDC, CASH	
02	Dr. Ulfat Abbas	Trainer (PhD PE)	
03	Heemo Jan	(2nd sem) 18220	
04	Gshrat Jan	6th sem '002003	
05	Mistah Yaseen	1st sem	
06	Munaza Shafi	6th Sem	
07	Bazila Jan	6th Sem	
08	Binu Jan	4th Sem	
09	Sajora Rashid	1st sem	
10	Zeenat Manzoor	1st sem	
11	Basita Gulzar	1st sem	
12	Mehak Mushtaq	1st sem	
13	Nawveen, Ramzan	() ()	
14	Nadia Khursheed	() ()	
15	Aateef-un-Nisa	() ()	
16	Bisma-Jan	1st Sem	
17	Aubeena Fayaz	2nd Sem	
18	Aarizoo Rashid	1st sem	
19	Sumeeda Jan	4th Sem	
20	SHAISTA Jan	1st sem	
21	#		

Attendance (01-10-2021)

Name of the Participant	Sem. / Designation	Signature
Prof. Shauana Manzoor	Convener CASH, WDC	
Dr. Ulfat Abbas	Trainer	
Mistah Yasen	1sem	
Heemo Jan	(2nd-sem)	
Binu Jan	4th Sem	
Babita Gulzar	1st sem	
Oshrat Jan	6th sem (1802025)	
Zeenat Manzoor.	1st sem	
Safoura Rashid	1st sem	
Sumaira Jan	4th sem	
Bisma Jan	1st sem	
Munaza Shafi	6th Sem	
Bazila Jan	6th Sem	
SHAISTA Jan	1st Sem	Shakir Jan
Aarizur Rashid	1st sem	
Nawkeena Ramzan	" "	Nawkeena Ramzan.
Aate-un-Nisa		Aateun Nisa
Nadia khuresheed.	1st Sem	Nadia khuresheed
Melrak Mushtaq	1st sem	Melrak Mushtaq
Arbeena Fayaz	2nd sem.	Arbima.

name (30th of Sep, 2021)

name of the participant	Sem / Designation	Signature
awana Manzoor	Commerce CASH, WDC	
Muhammad Abbas	Trainer	
Geena Rashid	9th sem	
Muhammad Jan	(2nd sem)	
Muhammad Jan	4th Sem	
Bisma Jan	1st Sem	
Shoaib Jan	6th Sem (Bosco)	
Munaza Shafi	6th Sem	
Bazila Jan	6th Sem	
SHAISTA Jan	1st Sem	
1) Aarizoo Rashid	1st Sem	
2) Basita Gulzar	1st Sem	
3) Zeenat Manzoor	1st Sem	
4) Misbah Yaseen	1st Sem	
5) Nadia khuresheed	1st Sem	
6) Aateer-un-nisa	1st Sem	
7) Mehak Mushtaq	1st Sem	
8) Nawkeena Ramzan	1st Sem	
9) Aabeena Fayaz	2nd sem	
10) Sumeria Jan	4th sem	

Sl. No.	Name	Sem / Designation	Signature
	Shawana Manzoor	Conver WDC, CASH	
	Uffat Abbas	Trainee (PhD PE)	
	Shaista Jan	1st	Shaista Jan
	Somelia Jan	4th sem	
05	Aarizoo Rashid	1st sem	Aarizoo Rashid
06	Arbeena Fayaz	2nd sem	Arbinov
07	Atee-un-nisa	1st sem	Atee-un-nisa
08	Nadia Khushheed	1st sem	Nadia Khushheed
09	Nawreena Ramzan	1st sem	Nawreena Ramzan
10	Mehak Mushtaq	1st sem	Mehak Mushtaq
11	Bisma Jan	1st sem	Bisma Jan
12	Bahita Sidjox	1st sem	Bahita
13	Zeenal Manzoor	1st sem	Zeenat
14	Safiroo Rashid	1st sem	ASIROO
15	Bazila Jan	1st sem	Bazila
16	Binu Jan	4th sem	Binu
17	Munazza Shafi	6th Sem	Munazza, S-af
18	Gshrat Jan	6th Sem 1802025	Gshrat Jan
19	Mistah Yaseen	1st Sem	Mistah
20	Heemo Jan	(2nd sem)	Heemo